

Player Improvement Lessons



<https://www.voyagerpickleball.com/improve>

Course	TeamReach Group Code	Lesson Objective	Lead Instructor(s)	Number of Sessions	Session Length
Beginner	Sign up outside the activity office	Beginner lesson is an introduction to pickleball for beginner players who have not played pickleball. Next steps: Beginner, Beginner Plus Structured Play to use the skills learned and also take Beginner Plus lesson.	Larry Frye	1	1.5 hours
Beginner Plus	Sign up outside the activity office	Beginner Plus lesson is for participants that took the beginner lesson and have practiced the skills learned in the Beginner class for one week and now want to learn additional basic pickleball skills. Next steps: Beginner, Beginner Plus Structured Play to practice the skills learned and take Bridge to Intermediate and Protecting the Middle lessons.	Larry Frye	1	1.5 hours
Advanced Pickleball Strategy	VPBAdvanced	Advanced Pickleball Strategy is a 3 week course ideal for High Intermediate/Advanced Players who want to learn strategies to win at pickleball.	Roger Angevine	3	1.5 hours
Bridge to Intermediate	VPBBridge	Bridge to Intermediate is a 3 session course for participants that understand the basic pickleball skills and are ready to learn intermediate skills. Next Steps: Mastering Intermediate Play lesson and join into Structured Play.	Bethel Eden & Dale Secord	3	1.5 hours
Coaching Intermediate Play	VPBCoach	Coaching Intermediate Play is a 1 session course ideal for low intermediate players that want to learn the skills to become high intermediate players. During this lesson you will be playing a game, while stopping to be coached between plays. Bring your questions to help customize the lesson to your needs. Some items that could be covered are ground strokes, split step, paddle up, and pickleball strategy.	Gary Meldrum	1	1.5 hours
How to Spin	VPBSpin1	How to Spin is a 2 session course ideal for intermediate to advanced players that have mastered basic shots and would like to add spin to their game. You will learn side spin, top spin, and back spin. Next Steps: Practice your shots in Structured and Open Play.	Nancy Pound	2	1.5 hours
Mastering Intermediate	VPBMaster	Mastering Intermediate is a 2 session course for participants who have taken the Bridge to Intermediate. Students learn why and how to execute play and strategy for the game. Next Steps: Practice your shots in Structured and Open Play.	Gary Meldrum	2	1.5 hours
Partner Play	VPBPartner	Partner Play is a 1 session course ideal for partners that want to learn how to play together. Next Steps: Practice what you learn Partner Stay Structured Play and Open Play. Play in Resident Memorial Tournament.	Dawna Diaz	2	1.5 hours
Playing with Intention	VPBIntention1	Playing with Intention is a 2 session course ideal for low intermediate players. In this course you will review basic pickleball skills already learned and focus on shot selection, placement, and footwork with drills to reinforce skills learned. Next Steps: Practice your shots in Structured and Open Play.	Dawna Diaz	2	1.5 hours
Protecting the Middle	VPBProtect1	Protecting the Middle is a 1 session course ideal for Beginner Plus - Low Intermediate players who are wanting to learn how to protect the middle. Next Steps: Practice your shots in Structured and Open Play.	Dave Hart	1	1.5 hours
Beginner Level Up 2.5 Intermediate Level Up 3.0-3.5	VPB2LevelUp VPBLevelUp3	Level Up is a 1 session course for participants that have taken Beginner & Beginner Plus or have those basic skills. There will be 2 different courses, one for Beginner (2.5+) and another one for (3.0/3.5). Next Steps: (2.5+) play in Beginner, Beginner Plus structured play and take Bridge to Intermediate or (3.0+) play in structured play and take intermediate courses.	Heather Hudson	1	1.5 hours

To sign up for Player Improvement lessons other than Beginner and Beginner Plus, download the TeamReach app and get a free account. There is no cost and it is a user friendly app.

If you need help text or call Catherine Brown 520 301 7526.



The QR Code will direct you to the Improve Page on Voyager Pickleball website, look for the TeamReach link for the instructions on how to sign up for lessons.

<https://www.voyagerpickleball.com/improve/TeamReach>